

## Positive Impact Test

1. I have helped someone in the last 24 hours.
2. I am an exceptionally courteous person.
3. I like being around positive people.
4. I have praised someone in the last 24 hours.
5. I have developed a knack for making other people feel good.
6. I am more productive when I am around positive people.
7. In the last 24 hours, I have told someone that I cared about her or him.
8. I make it a point to become acquainted with people wherever I go.
9. When I receive recognition, it makes me want to give recognition to someone else.
10. In the last week, I have listened to someone talk through his or her goals and ambitions.
11. I make unhappy people laugh.
12. I make it a point to call each of my associates by the name she or he likes to be called.
13. I notice what my colleagues do at a level of excellence.
14. I always smile at the people I meet.
15. I feel good about giving praise whenever I see good behavior.